QP CODE: 22103448

22103448

Reg No : .....

Name : .....

UNDER GRADUATE (CBCS) REGULAR / REAPPEARANCE EXAMINATIONS, NOVEMBER 2022

Fifth Semester

(Offered by the Board of Studies in Zoology)

OPEN COURSE - ZY5OPT02 - PUBLIC HEALTH AND NUTRITION

2017 Admission Onwards

A998737E

Time: 3 Hours Max. Marks : 80

Part A

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. Comment on emotional health.
2. Enlist 4 examples for moderate intensity physical activity.
3. What is osteoporosis?
4. Define malnutrition .
5. What is BMI ?
6. Suggest any four measures to prevent fire and burns at your home.
7. What is meant by first aid? Write any two major objectives of first aid.
8. How will you help a friend suffering from convulsions?
9. What is bioindicator?
10. What is meant by secondary sewage treatment?
11. List any two vectors of public health importance.
12. What is Weil's disease ?

(10×2=20)

Part B

*Answer any **six** questions.*

*Each question carries **5** marks.*

13. What are the impacts of exercise respiratory system?

14. Comment on community based health process and its levels.

15. Explain the various causes of Obesity.

16. Give an account on the prevention and management of cardiovascular diseases.

17. Describe the core life skills and the importance of life skill education.

18. What are the difference between MPN and MF techniques?

19. Comment on typhoid fever and its remedial measures to prevent spreading.

20. Explain the three modes of transmission of anthrax.

21. List the symptoms and treatment for malaria.

(6×5=30)

Part C

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Write an essay on Vitamins and their functions in human body .

23. Analyse the role of yoga and meditation in attaining physical and emotional well being.

24. Describe food borne diseases with examples.

25. Give an account on any two emerging diseases and their control measures.

(2×15=30)